Good Milkers Wanted. Wanted to buy a car load of good milkers, with young calves, and a lew extra good beel cattle. Apply to T. H. Maxwell.

Bank Stock Wanted. I want to buy twenty shares Farmers Bank stock. Robt. S. Link.

Mr. T. R. Jones, traveling passenger agent of the Nashville, Chattanooga and St. Louis Railway, and Mr. Fred D. Miller, traveling passenger agent for the Dixie Flyer, were in town and made a call at this office generated to advise with the traveling public, If you are thinking of taking a trip write to them in Atlanta for information. They will be glad to serve you in any way they can.

Miss Marie Du Rose Sephrook of Charleston.

serve you in any way they can.

Miss Marie DuBose Seabrook, of Charleston, and her aunt Miss Seabrook are in Abbeville, at the home of Judge Klugh, for the summer. Miss Seabrook is a vocalist of the highest order possessing a voice delightfully sweet and fiexible, and cultivated in the best schools of New York and Boston. She was vocal teacher at Due West during the past session where she rendered valuable service. Miss Seabrook is spoken of in the highest terms in communities where she has given recitals, and we hope to hear her in Abbeville at an early date.

Mrs. D. A. Owen accompanied by her charm-

Mrs.D.A. Owen accompanied by her charming young, daughter Miss Lilian of Greensboro N.C. is visiting her son Mr. W. E. Owen

The Union Service on Sunday night, June 26th, will be held at Trinity Episcopal Church, at 8:30 P. M. and a cordial invitation is extended to one and all. Dr. John P. Morrow of Coronaca, was up visiting his brother Mr. F. L. Morrow of this

Miss Annie Wilkinson of Charlotte, N. C., is visiting her cousin Mrs. W. G. Chapman of this city. Mrs. Wayman A. Brownlee has rented rooms at Mr. W. G. Chapman's, Mrs. Henry T. Williams accompanied by her little daughter Miss Margaret is visiting relatives in Monroe, N. C.

Mrs. B. B. Sams, after spending two weeks in the city with her son, Rev. W. B. Sams, left on Monday for her home at Bohloket, S. C. Mr. and Mrs. S. C. Johnson, of Due West, S., are visiting Mr. and Mrs. W. A. Brownjee

A. M. Hill & Sons, old reliable coal dealers, are in the market with the very best quality of coal.

DON'T LET DEATH

wreck your family or business by your not earrying

LIFE ASSURANCE.

Absolute protection given. The Equitable Life provides the means. The Strongest Life Insurance Company in the World.

W. J. RODDEY, Manager. Rock Hill, S. C.

J. P. QUARLES, Special Agent. Abbeville, S. C.

New Phones.

New Phones.

Subscribers will please add the following new phones installed since January 1st to their lists:

W. D. Addie, store 158.

R. G. Game, res. 154.

W. T. Bradley, res. 22.

M. E. Maxwell store, 156.

J. S. Bowie, warehouse, 129.

J. C. Butler, residence, 94.

R. C. Wysong, residence, 133.

Glen Ethel Inn 56.

Thos. Milford, Res., 128.

C. B. Coble, Res. 111.

W. A. Bowie, Res., 117.

A. W. Calhoun & Co., Warehouse, 127.

A. W. Calhoun & Co., Res., 79.

J. A. Cheek, Res., 100.

New Bakery, 67.

Penney Clothing Co., 155,

Wilson, Henry & Co., 82.

S. Turner, Res., 73.

R. D. Purdy, Res., 14.

Foster McClain, Res. 112.

C. M. Shannon, Res. 83.

W. J. Barnes, Res., 121.

Mrs. S. A. Harris, Res., 42.

Wm. Barnwell, Mgr.

The State of South Carolina,

COUNTY OF ABBEVILLE. Probate Court.—Citation for Letters of Administration.

By R. E. HILL, Esq., JUDGE OF PROBATE. WHEREAS, J. L. Perrin has made suit to me, to grant him Letters of Ad-ministration of the Estate and effects of Mrs. Sarah L. Smith, late of Abbeville Coun-

Mrs. Sarah L. Smith, late of Abbeville County, deceased.

These are therefore, to cite and admonish all and singular the kindred and creditors of the said Sarah L. Smith, deceased, that they be and appear before me, in the Court of Probate, to be held at Abbeville C. H., on Wednesday, the 22nd day of June, 1904, after publication hereot, at 11 o'clock in the forenoon, to show cause, if any they have, why the said Administration should not be granted. Given under my hand and seal of the Court,

[SEAL.] of our Lord one thousand nine hundred and four, and in the 128th year of American Independence,
Published on the 8th day of June, 1904, in the Press and Banner and on the Court House door for the time required by law.

R. E. HILL, Judge of Probate.

ILLINOIS CENTRAL

RAILROAD.

DIRECT ROUTE TO THE

ST. LOUIS EXPOSITION.

Two Trains Daily. In Connection with W. & A. R. R. and N. C. & St. L. Ry. from Atlanta.

Lv. Atlanta 8:25 a. m. Ar. St. Louis 7:08 a. m Lv. Atlanta 8:30 p. m. Ar. St. Louis 7:36 p. m

THROUGH SLEEPING CARS FROM

Georgia, Florida & Tennessee

ROUTE OF THE FAMOUS

"DIXIE FLYER"

Carrying the only moining sleeping car from Atlanta to St. Louis. This car leaves Jacksonville daily, 8:05 p. m., Atlanta 8:25 a. m., giving you the entire day in St. Lous to get located.

For rates from your city, World's Fair Guide Book and schedules. Sleeping Car reservations, also for book s howing Hotels and Boarding Houses, quoting their rates, write to

Fred D. Miller,

TRAV. PASS. AGENT, ATLANTA, GA. No. 1 N. Pryor St.

White's Locals. Look at White's colored Lawns and Muslins. They are pretty and cheap.

L. W. White has just reduced the price of fine Zephyr Glinghame. These goods are worth 20 cents a yard, but we are now offering them at 12 1-2 cents per yard.

Look at the white lawn in remnants that you can buy from White at 5 cents a yard. L. W. White has just put on saie a new lot embroidery. Call and see them. You can of embroidery. Call and see them. You can get good bargains. L.W. White offers more than one hundred pieces Bleached Goods at old pribes. Now is thr time to buy.

he SUMMER SEASON

Is on in full force, but all the same all hands are kept busy in L. W. White's Stores, and from this time everything will be done that can be done to keep trade from getting dull.

UR stock is still complete in all lines, and the most attractive part of it is, that goods are so very cheap.

We have the finest line of White Goods to be found anywhere. White Organdies, India Linens, Persian Lawns and everything else suitable for white dresses

Our trade in Embroideries and Laces this season has been the largest we have ever had, and we are still offering great bargains in these goods.

We keep up our stock of Black Goods for dresses and skirts, and can show the best assortment of Black Silks, Black Voiles, Crepe de Paris, Melrose, Batistes and Brilliantines you can find anywhere.

ON'T forget us when you want anything in the clothing line. Remember we carry the line of Clothing made by Strouse & Brothers, and we have sold this line for more than

want anyother.

In shoes for ladies and gentlemen, girls and boys, children and infants we carry the celebrated line of Hamilton-Brown Shoe Company. We have sold these goods fifteen or twenty years, and our experience with them will justify us in recommending them very highly.

Come to see us and we will try to please you.

L. W. WHITE.

Haddon's

Will remodel their store this Summer. We are obliged to make room for the workman by 15th July. In order to reduce stock as rapidly as possible we offer

SPECIAL INDUCEMENTS For the Next 30 Days.

Call and see the bargains in store for you. Respectfully,

R. M. HADDON & CO.

{{{}} NASHVILLE, CHATTANOOGA & ST. LOUIS RAILWAY AND WESTERN & ATLANTA R. R.

St. Louis Exposition "Short Line."

The Scenic Battlefield Route

via Chattanooga and Nashville. Best equipped trains. Superior services. Quickest time. For the lowest rates to all points North, West or Northwest, maps, schedules, or any information, call on or write

THOS. R. JONES.

Traveling Passenger Agent. No. 1 N. Pryor Street, ATLANTA, GA. Bell Telephone 169.

Opposite Union Depot.

Are Your Lungs Weak?

Does the cough, left by the 'grippe--or the cold contracted during the winter, still bang on? Rydale's Elixir will cure your cough and heal your weak lungs. It kills the germs that cause chronic throat and lung disease and helps nature restore the weakened organs to health. Trial size 25c. Family size 50c. C. A. Milford.

Triumphs of Modern Surgery.

Wonderful things are done for the human body by surgery. Organs are taken out and scraped and polished and put back, or they may be removed catirely; bones are spliced; pipes take the place of diseased sections of veins; antiseptic dressings are applied to wounds, bruises, burns and like injuries before inflamation sets in, which causes them to heal without maturation and in one-third the time required by the old treatment. Chamberlain's Pain Balm acts on this same principle. It is an antiseptic and when applied to such injuries, causes them to heal very quickly. It also allays the pain and soreness. Keep a bottle of Pain Balm in your home and it will save you time and money, not to mention the inconvenience and suffering which such injuries entail. For sale by C. A. Miliord, Abbeville, H. M. Young, Due West. Wonderful things are done for the human

No name hats \$2.50 are still leading. This is best hat for at Haddon's. men to be found. We have

Summer Hats—You will want a white chiffon hat made on a wire frame, light and alry. New shapes just in at Haddon's. ors. We are getting in ship- have ments of hats every week. Can save you money and give you best goods.

P. Rosenberg & Co.

Did you ever STOP to consider the present telephone service? Think of it—OVER 1000 TELEPHONES for 5 cents a day.

点是一种。当时间的连接有一种包含了。

The Good Old Summer Time!

In the good old summer time, when bycicles throng the thoroughfares, and farm animals and roadsters are all kept busy, accidents to man and beast are of frequent occurance. Elliott's Emulsified Oil Liniment is the most serviceable accident and emergency liniment in use. It relieves quickly and heals speedily cuts, contagions, bruises, sprains, etc. You cuts, contusions, bruises, sprains, etc. You get one-half pint for 25c.; and you get your money back if not satisfied. C. A. Milford.

Cow Feed.

Cotton Seed Hulls by the 100 pounds or ton. Cotton Seed Meal delivered any part of city.

W. D. BARKSDALE.

May 31, 1904.

Phone No. 76.

Haddon's Locals.

New Summer Dress Fabriques—Linon Suit-lngs, cotton and wool volls, slik mull, Per-sian lawn, white slik finished mulls, white batiste. All desirable goods for hot weather at Haddon!

Everyday Skirting — Something you can have laundried, cotton and linen. Comes in good line shades at Haddon's.

Net Top Laces will be good throughout the summer. Fresh lot received every week at

A new floor covering—Suttana Matting made of Hessian fiber, will out wear straw matting. Can use either side up. Heddon's. Oxford Ties and Sandles, all new shapes for adles and misses at Haddon's. White and black silk gloves, all sizes, from 50c to \$1 pair at Haddon's.

New lot laces and embroideries at Haddon

wednesday evening at the Court House a reclaim was given by the A babeville Chapter of two by the A babevill

Sued by His Doctor.

"A doctor here has sued me for \$12.50, which I claimed was excessive for a case of cholera morbus," says R. White, of Coachella, Cal. "At the trial he praised his medical skill and medicine. I asked him if it was not Chamber lain's Colic, Cholera, and Distribuse Remedy. lain's Collo, Cholera and Diarrhoea Remedy he used as I had good reason to believe it was, and he would not say under oath that it was not." No doctor could use a better rem-edy than this in a case of cholera morbus, it never fails. Sold by C. A. Milford, Abbeville. H. M. Young, Due West.

Lumber! Lumber!

Charlotte Steam Laundry -HAS AN-

AGENT

in your city, who collects and delivers your LAUNDRY.

Work Guaranteed. Shipping day

Theo. Percival, Agt.

DENTAL NOTICE. Dr. S. G. Thomson.

FOR SALE

I offer for sale house and lot in ied.
Thirty funerals took place this morn-special Announcement to Confede-City of Abbeville, conveniently lo-The coroner's inquest, to determine The coronesible for the disaster and house is comparatively new, has bath room with hot and cold water the armory of the Second battery, in connections, and everything about Bronx. the place in good repairs. Will sell at a bargain.

ROBT. S. LINK.

If you fall to build up a trabe on you own brand of cigars see Speed, he can give you some ideas. See how they all want to sell

We lead—others follow. Join the merry throng that is ever journeying to the busiest store in town Kerr Furniture Co.

The Opening Meeting in Sumter Y

June 21st, 1904,
Mrs. Bessle T. Wilson, of Watts, was in the
city last Wednesday the guest of Mrs. P. A.
Cheatham.
Mrs. M. H. Wilson, Mr. and Mrs. L. T. Miller
spent last Friday in Monterey the guests of
Mrs. John Cilukscales.
Miss Nelle Stack left Friday for Greenwood
where she gave a reading Friday night. She
was the guest of Mrs. Ringan Thomson while
in the city. in the city.

Miss Mary Taggart is at home for the summer months. She is attending school at Ash

eville.

Mrs. Barksdale is at home from Greenwood where she has been spending some time with

her mother.

Mr. Frank Robertson has returned to Abbeville after spending a while with friends in

Anderson.
Mr. L. W. Perrin, Jr., is home from Clemson
College. Mr. Perrin is a fine student and is
well liked by professors and students.
Mr. James Bradley spent Saturday and
Sunday in the city.
Miss Louise DeBruhl has returned from a
week's stay in Latimer. where she was the
guest of her cousin, Miss Caroline Graves. week's stay in Latimer. where she was the guest of her cousin, Miss Caroline Graves. LANDRUM-RAINES.

and we have sold this line for more than twenty-five years and it has given unitary of Abbeville, were married last Wednesday at Harmony Grove, Ga. Mr. and Mrs. Raines came to Abbeville on Thursday and will make their home here. Mrs. Raines is a sister of Mrs. Thomas Harris and has many friends here who are glad to know that she will live in our city. Mr. Raines is foreman at the S. A. L. shops and has the best wishes of a large number of friends.

Miss Willie Landrum and Mr. J. P. Raines of Abbeville, were married last Wednesday at Harmony Grove, Ga. Mr. and Mrs. Raines is a sister of Mrs. Thomas Harris and has many friends here who are glad to know that she will live in our city. Mr. Raines is foreman at the S. A. L. shops and has the best wishes of a large number of friends.

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RECITAL.

Miss Elizabeth Norwood, of Dicedes, was in town several days last week.

Miss Ethel King, of Coronaca, has been in the city for the past week the guest of Miss Marie Cheatham.

Mrs. Bullook has returned from Beiton, where she went to attend the Latimer-Heard weedling.

wedding. Thursday afternoon Mrs. P. A. Cheatham gave a delightful reception in honor of Miss Jonas. The Abbeville and Clarke Allen Chapters were invited to meet Miss Jonas. The parlors and plazzas were beautifully decorated with figs, banners, ferns and pot plants. Punch was served by Miss Brooks Cheatham on the pizzza. Delicious ices and cakes were served, carrying out the color scheme of red and white. Mrs. Cheatham was assisted in receiving by Mrs. R. C. Wilson, Mrs. Lucy Thomson, and Miss Margaret Brooks. The afternoon was a most enjoyable one.

the city last Wednesday the guest of Dr. S. F. Killingsworth.

Prof. Johnson, of Georgetown, and Prof. Reid, of Due West, are conducting the summer school here.

Miss Cassie Fleming is staying at Mr. Lorton Robertson's and attending the summer school.

ichool.

Miss Susie Speer and Mr. George Speer, Jr.,
were in town Saturday.

Mr. J. J. Kligore is here attending the sum-

Mr. David H. Hill is home from Clemson College where he has completed a successful year's work.
Mr. Whitfield Cheatham left Tuesday for St. Louis. He will work his way.

THE SLOCUM DISASTER.

The Bodies of 637 Victims Recovered Yesterday-575 Bodies Identified.

New York, June 20 .- Seven bodies, three of them women and three girls effective, is the, obliteration of her and one boy, victims of the General age.
Slocum disaster, were picked up in East
river and Long Island sound shortly A OFFICE UP-STAIRS ON MCILWAIN before 9 o'clock this morning. impressive This makes six hundred and thirty-time's tags.

and nearly all of them have been bur-

More than a hundred witnesses have been summoned.

A Great Ruler.

One of the greatest of rulers is the liver. It governs the human organism. When the liver is out of order the whole system becomes diseased. Keep your liver healthy by using Rydale's Liver Tablets. They cure all liver trouble. They cure constipation. Your money back if they do not give satisfaction. C. A. Milford.

Call on A. M. Hill & Sons and get their prices on coal before buying for the winter.

THE STATE CAMPAIGN.

terday—The Other Meetings.
Sumter, Tuesday, June 21.
Manning, Wednesday, June 22.
Monck's Conner, Thursday, June 23.
Georgetown, Friday, June 24.
Kingstree, Saturday, June 25.
Conway, Tuesday, June 29.
Marion, Wednesday, June 29.
Marion, Wednesday, June 29.
Fiorence, Thursday, June 20.
Darlington, Friday, July 1.
Bennettaville, Saturday, July 2.
Bishopylile, Tuesday, July 5.
Chesterfield, Wednesday, July 6.
Camden, Thursday, July 8.
Yorkville, Saturday, July 9.
Union, Tuesday, July 19.
Sypartanburg, Wednesday, July 13.
Gaffney, Thusday, July 14.
Greenville, Friday, July 14.
Greenville, Friday, July 16.
Walhalla, Tuesday, July 19.
Anderson, Wednesday, July 20.
Abbeville, Thursday, July 20.
Abbeville, Thursday, July 23.
Newberry, Monday, July 23.
Newberry, Monday, July 23.
Newberry, Monday, July 28.
Charleston, Friday, July 29.
Bamberg, Wednesday, July 29.
Walterboro, Saturday, July 29.
Walterboro, Saturday, July 29.
Beanfort, Tuesday, August 2.
Hampton, Wednesday, August 2.
Hampton, Wednesday, August 4.
Barnwell, Friday, August 5.
Alken, Saturday, August 6.
Edgefield, Monday, August 8.
Saiuda, Tuesday, August 19.
Lexington, Wednesday, August 11.
Winnsboro, Friday, August 12.
Columbia, Saturday, August 13.

Opening of the State Campaign. The State campaign opened at Sumte yesterday.

The final list of candidates for state offices and for congressman and solicitors is as

trait exists to-day as it existed a hundred years ago. keeping a secret in a general way, she is perfectly able to keep her age a secret of sait and one saltspoonful of pepper.

When the crust is done, split and put the minute

When men have written on the subject they have come to the conclusion hat woman's vanity stood responsible for her unwillingness to disclose the number of her years.
This explanation has become, there-

fore, the accepted solution of the question. We've taken it to be true as we

Call at Boller Mill when in need of Lumber. Car of Doors, Window Sash, Blinds, Moulding received today.

100,000 feet dressed lumber. to harrive in few days.

Can build you a house in four days.

Yours for business,

W. H. LONG.

Soo, Mrs. Lucy Thomson, and Miss Margaret brooks. The afternoon was a most enjoyable on the fire and will work their way.

Miss Mary Means left Saturday for her home near the city after an extended stay hims Mary Means left Saturday for her home are the city after an extended stay hims Mary Means left Saturday for her home are the city after an extended stay hims Mary Means left Saturday for her home are the city after an extended stay hims Mary Means was in town Monday on the way to Clinton, where she goes to take a consistion as stenographer. Miss Cohern is an efficient stenographer and its sure to give satisfaction to those for whom she works.

Mrs. C. D. Brown left Monday for Rock Hill where she goes to ways with her sister, Mrs. Greene Sandifer.

Miss Alalle Young, of Winder, Ga., was in the city last week the guest of Miss Corrie his mother, Mrs. Livingston.

Mrs. Bulliok is at the city after an extended stay him was a stay to Clinton, where she goes to take a constitution to stone of the warfous manifestations of her great ambition and desire in life—to remain a charming mystery in the eyes of man.

There is no doubt, either, that this ambition is based on reasonable grounds.

There is no doubt, either, what this ambition is based on reasonable grounds.

Miss Hary Coebraph was in town Monday on the way with her sister, Mrs. Greene Sandifer.

Miss Alary Coebraph was in town Monday on the way to Clinton, where she goes to take a goes like to be true that two and two take it to be true that two and two take it to be true that two and two take it to be true that two and two take it to be true that two and two take it to be true that two and two take it to be true that two and two take it to be true that two and take it to be true that two and the late.

The cause lies is deeper than

his claims to fame.
This great though deplorable truth the average woman thoroughly understands. And as she understands it, she acts on it wherever it is possible to act. Wishing to retain man's admiration,

she turns herself by careful, systematic work into something as nearly like the Sphynx as flesh and blood and impulse will allow. By clever little manuevres, tiny tricks whose purport man does not re-

alize, although he may laugh stupidly at their visible results, she manages to become, quite early in life, Miss or Mistress Mystery.
Therein she shows that wisdom is feminine as much as anything, and

thereby she achieves her purpose. One of these tricks, and not the least A Sphynxshould have no age.

A mystery would lose its indistinct impressiveness did it carry one of So that when we come to consider seven bodies that have been recovered bodies are coming in here and at in the end that the ten thousand jokes at the expense of woman's reluctance

racy.

The coroner's inquest, to determine who is responsible for the disaster and the loss of life, began this morning at way will sell coach Excursion tickets from Nashville to St. Louis and return at the rate of \$8.45, enabling veterans in attendance on reunion to visit the St. Louis Exposition at small expense.

Ehe reunion comes to a close on the 16th of June, and on that date tickets can be purchased. Be sure your ticket reads via. N.C. & St. L. Ry.

Thos. R. Jones,
Tray. Passenger Agent.

> Buy your Cinco cigars from Speed, the only agent for the factory in town. You can always tell who leads by others following. It is a pleasure to buy goods from Speed's Drug Store. He most always has what you want.

Atlanta, Ga.

It is our intention to sell you only good reliable goods. If we happen to sell you something unsatisfactory we would be glad to have you come to us and we will take pleasure in correcting any trouble. P. Rosenberg & Co.

If time is money; if information is wanted at once; if promptness secures busing STAY AT HOME AND TELEPHONE.

HOW TO BE HEALTHY.

Rules to Be Observed In the Matter of Diet and Exercise.

Positively avoid a habitual diet composed too exclusively of one kind of food, such as meats or cereals. Such a diet leads inevitably to disease. Many cases of sickness, palpitations, scurvy, skin diseases and headache are directly due to this improper diet. Bear in mind that sugar and all sugared or sirupy substances, unless sparingly used, are the most injurious of the foods in ordinary use. They render digestion imperfect and by their seductive taste are liable to induce overeating.

Eat sparingly of fruit, preserves, veal, pork, young lamb, kid, ham, bacon, sugar, vinegar, spices, fats, oils, fried foods, pastries, cakes, rich desserts, strong gravies, hot freshly baked bread and foods which form adherent

Avoid cold drinks at mealtime, except in hot days. Avoid uncomfortsbly hot drinks. Avoid eating at irregular hours. Never overrule your appe tite, which is the best index of the amount of food you need, except in. the course of diseases that require a

special diet. Satisfy your appetite, not your gluttony; satisfy your thirst, not your

salt is an aid to digestion, br not more than needed to suit the taste. Eat less rapidly and chew your food more. The stomach wants only well chewed food. The teeth were made, for that special purpose. If they are poor or missing, seek the dentist's aid. Avoid violent exercise and severe

not appear unclean. Brush your teeth inside and outside mouth after each meal.

by taking only a little fluid food. Remember that the wholesomest meats are beef, mutton and poultry and that beef and mutton are most easily digested and wholesome when

before breakfast will go far toward preventing sickness and extending life toward the century mark. How to Make Turkey Shortcake Make a biscuit dough and bake it in a shallow square tin, as for fruit shortcake. Take one cupful of cold turkey, However averse a woman may be to minced; heat with one cupful of gravy

sauce over it and garnish with parsley.

companiment to the fish course and after a few trial efforts are easily prepared. Wash and pare the potatoes and let them stand for a time in ice writer. Cut them into very narrow strips, throwing them into ice water as they are cut. Then drain and thoroughly dry enough to pack into a strainer which is about the size of a teacup and force into the middle of the potatoes a smaller strainer. Fry this in deep, very hot fat. When a golden brown, remove the two strainers and stand the potato nest on soft brown paper. Repeat the process until there is a nest for each person. Before serving place them on a tin in the oven to heat. Fill the nests with fish a la reine and serve

How to Make Tooth Powder. Take half an ounce each of powdered orris root and prepared chalk and add to them one teaspoonful of bicarbonate of soda. Mix thoroughly. The soda acts as an antiacid and neutralizes the acids of the mouth, while the chalk and orris are gritty enough to remove any particles of food which may cling to the teeth.

on a bed of cress.

How to Treat the Lips. The lips should never be rubbed with strong scent, such as eau de cologne or vinegar or lemon. Friction is also very bad for their well being. Lips may be only a pale pink, but if they are smooth and soft they will look attractive. Rouge is also very bad for the lips. Some women have a stupid way of "biting the color into their lips." Not only does this unwise practice make the skin very sensitive, but it also thickens and swells the lips till they lose all charm.

This is ordered in some illnesses Take one-quarter pound of lean beef, shred it finely and place in a jar with

How to Make Raw Beef Tea.

one-quarter pint of cold water. Cover it and allow it to stand for two hours. Strain off the liquid and use at once, as different points at every hour.

Five hundred and seventy-five of the bodies recovered have been identified, jokes on us.—New York American.

at the expense of woman's reluctance to let her age be known were truly jokes on us.—New York American.

a colored glass. How to Bake Onions. Peel six large onions, put them in a saucepan and cover with boiling water

and let them boil for 15 minutes. Pour off the water and cover them with cold water. Then drain them again when they are cool. Put them in a baking dish or agate pan, sprinkle with salt and pepper, pour over them one cupful of hot milk and add one tablespoonful of butter in small pieces, cover with buttered paper and bake until tender. Serve with roast turkey or chicken.

How to Make Cough Cure. Boiled linseed tea made rather thin and sweetened with sugar candy and flavored with lemon juice and rind is If there is anything you want in drugs, sta-tionery, tablets and oils, don't pass us by. Speed's Drug Store. excellent for a cough. Boil some black Spanish licorice with it,

craving. Salt your food sufficiently, because

mental exertion just after meal, but a moderate exercise, as walking, will aid digestion. Wash your hands with soap and water before each meal, even if they do

at least once a day, and rinse your When your stomach is out of order, give it a rest by fasting half a day or

broiled, roasted or stewed, not fried. Remember that pure water is the most natural and wholesome beverage. A glass of pure water every morning

When the crust is done, sput and the meat between the layers, pour the

How to Make Potato Nests. Lattice potatoes are an excellent ac-